



FC Las Vegas Under 11 Girls (players born on or after August 1, 1998) 2009-2010 Team Fact Sheet

The mission of FC Las Vegas is to develop well-balanced, successful student athletes in a healthy, positive soccer environment. We will promote and develop excellence in club soccer based on the values of skill, sportsmanship and character at all times. We will aim at providing the highest caliber coaching and training to our players so that they may maximize their athletic and personal potential.

While FC Las Vegas does emphasize the importance of winning soccer games, from a coaching stand point, the long term development of our soccer players takes priority.

The FC Las Vegas program reflects a uniform soccer philosophy throughout our youth teams. The general components of the FC Las Vegas teaching philosophy are structured around the technical, physical, tactical and mental aspects of the game.

Coaching Staff:

Mundial Coach-

Jordyn Rice- Grew up playing club soccer in Las Vegas, 4 year varsity player Arbor View HS and Shadow Ridge. HS Team captain 2008. USSF "D" License in progress

Goalkeeper Coach:

Steve Flasz- Grew up playing youth soccer in Chicago as a goalkeeper, Current Valley High School Boys and Girls Goalkeeper Coach

Athletic Trainer/Speed and Agility Coach:

Tedd Girouard- Licensed/Certified Athletic Trainer, Nevada State Board of Athletic Trainers. Bachelors Degree in Athletic Training (UNLV '95). Masters degree in Kinesiology (UNLV '98). Former UNLV Women's Soccer Speed Training Consultant. Former Region IV ODP Athletic Trainer.

Proposed Tournament Schedule: (proposed schedule, may be subject to change)

U11 Mundial Girls

Vegas Cup Labor Day	September 5-7
LV Mayor's Cup	October 23-25
Vegas Cup MLK	January 16-18
Silver State Invitational	Late January
Possible Out of Town Tourn.	February-March
LV Premier Invitational	Late March
Nevada State Cup	April- May
Jammers Memorial Day	May 29-31

Practice Schedule: (proposed schedule, may be subject to change)

Team training- Monday and Wednesday 6:30pm – 8:00pm

Speed and Agility training- TBD

Cost Information:

U11 Mundial Team- \$1300

Includes:

- Coaching Fees
- League Registration Fees (ESLNV Regular season fees or equivalent)
- US Club Soccer Registration Fees
- Every Year Uniform Kit: 1 Adidas Practice Jersey, 1 Adidas Practice Shirt, 2 Adidas Shorts, 2 Adidas Socks, 1 Adidas Ball.
- Team Gear (Adidas Ball Bag, Adidas Balls, Adidas Pennies, Cones)
- Speed and Agility Training (Mundial Teams only, Copa teams can pay for on separately)
- Technical Training
- Goalkeeper Training
- Certified and Licensed Athletic Trainer
- FC Las Vegas College Prep. Program (Freshman-Seniors in High School)
- FC Las Vegas Juggling Club
- Club Administrative Fees

Additional Fees Not Included: Tournament Entry Fees, any additional leagues fees, Coaches Travel to Tournaments, new player uniform kit if needed: 3 Adidas game jerseys, 1 Adidas sack pack, 1 hooded sweatshirt (uniform kit cost = \$105.00)

